

**North Coast Optical
Mark Bashore, OD**

General Information

Date: ____/____/____

| | | | |
|--------------------------|-------------------------|---|-------------------------|
| Last Name _____ | First Name: _____ | M _____ | DOB: ____/____/____ |
| M or F _____ | SSN: ____ / ____ / ____ | Marital Status: Married / Single / Divorced / Widowed | |
| Address: _____ | | City: _____ | State: _____ Zip: _____ |
| Home Ph: () _____ | Work Ph: () _____ | Cell Ph: () _____ | |
| Employer/School: _____ | | Occupation/School Grade: _____ | |
| E-mail Address: _____ | | Sports/Hobbies: _____ | |
| Emergency Contact: _____ | | Relation: _____ | Phone #: () _____ |

CASE HISTORY / REASON FOR VISIT:

Date of Last Medical Exam: ____/____/____ Primary Physician/Clinic: _____

Date of Last Eye Exam: ____/____/____ Clinic/Eye Doctor's Name: _____

Do you wear glasses? Yes/No/All the time/Sometimes/Work Only/Reading only/Driving only

How old are your present glasses: _____ Do you wear prescription Sun Wear: Yes/No

Do you wear contacts? Yes No Type: _____ Solution Used: _____

Wearing schedule: **Daily Overnight** Replacement schedule: **Daily 2 week Monthly Yearly**

Have you ever had eye injuries? Yes No Which Eye? _____

Have you ever had eye surgeries? Yes No Why? _____

Have you used eye medication? Yes No Why? _____

Are you currently pregnant or nursing? Yes No N/A

Have you ever been diagnosed with?

Cataracts: Yes/No When were you diagnosed? _____

Glaucoma: Yes/No When were you diagnosed? _____

Macular Degeneration: Yes/No When were you diagnosed? _____

What are your visual symptoms (with or without glasses or contacts)? Please circle any that apply:

Please indicate Right, Left or Both, along with severity 1(Low) 2 (Moderate) 3 (High)

In Example: [2] Eye Strain R L (B) This example indicates a moderate severity in both eyes

- | | | | | | |
|-----------------------------|-------|-----------------------|-------|--------------------------|-------|
| [] Blurred Vision/Distance | R L B | [] Dry Eyes | R L B | [] Headaches | R L B |
| [] Blurred Vision/Near | R L B | [] Red Eyes | R L B | [] Migraine Headaches | R L B |
| [] Double Vision | R L B | [] Watery Eyes | R L B | [] Loss of Vision | R L B |
| [] Eye Strain | R L B | [] Wandering eye | R L B | [] Crossed Eyes | R L B |
| [] Eye Infections | R L B | [] Mucus Discharge | R L B | [] Light Sensitive | R L B |
| [] Eye Pain/Soreness | R L B | [] Floaters or Spots | R L B | [] Sandy/Gritty Feeling | R L B |
| [] Tired eyes | R L B | [] See Flashes | R L B | [] Poor Color Vision | R L B |
| [] Burning Eyes | R L B | [] See Halos | R L B | [] Droopy Lid | R L B |
| [] Itchy Eyes | R L B | [] Poor Night Vision | R L B | | |

PERSONAL MEDICAL HISTORY (REVIEW OF SYSTEMS) : PLEASE CHECK IF ANY OF THE FOLLOWING APPLIES TO YOU, AND LIST ANY MEDICATIONS FOR EACH CONDITION THAT YOU CHECK. IF YOU HAVE NONE OF THESE CONDITIONS, PLEASE CHECK NONE.

| | | |
|--|--|--|
| Cardiovascular: __ None ___ Hypertension ___ Stroke ___ Heart Disease ___ Vascular Disease ___ Other: | Endocrine: __ None ___ Non-Insulin Dependent Diabetes ___ Insulin Dependent Diabetes ___ Thyroid Problem ___ Hormonal Dysfunction ___ Other: | Respiratory: __ None ___ Asthma ___ Bronchitis ___ Emphysema ___ COPD ___ Other: |
| Constitutional: __ None ___ Cancer ___ Trauma/Large Volume Blood Loss ___ Developmental Disability ___ Other: | Ocular __ None ___ Glaucoma ___ Macular Degeneration ___ Detached Retina ___ Other: | Psychiatric: __ None ___ ADHD ___ Depression ___ Schizophrenia ___ Other: |
| Neurological: __ None ___ Multiple Sclerosis ___ Epilepsy ___ Cerebral Palsy ___ Tumor ___ Other: | Musculoskeletal: __ None ___ Osteoarthritis ___ Fibromyalgia ___ Muscular Dystrophy ___ Ankylosing Spondylitis ___ Other: | Immunologic: __ None ___ AIDS or HIV ___ Rheumatoid Arthritis ___ Lupus ___ Neurofibromatosis ___ Other: |
| Hematological: __ None ___ Anemia ___ Leukemia ___ Other: | Gastrointestinal __ None ___ Crohn's ___ Colitis ___ Other: | Ear/Nose/Throat: __ None ___ Hearing Loss ___ Upper Respiratory Infection ___ Other: |
| Dermatologic: __ None ___ Eczema ___ Rosacea ___ Psoriasis ___ Other: | Allergies (please list) __ None Drug: Environmental: | Alcohol Use: Y N Amount: Tobacco Use: Y N Amount: |

Please list physical reaction's to above allergies: _____

Please list any medications and/or drugs that you are taking (including herbal) : _____ See Attached List: _____

| | |
|-------------------|--------------------|
| 1 _____ For _____ | 6 _____ For _____ |
| 2 _____ For _____ | 7 _____ For _____ |
| 3 _____ For _____ | 8 _____ For _____ |
| 4 _____ For _____ | 9 _____ For _____ |
| 5 _____ For _____ | 10 _____ For _____ |

FAMILY HISTORY: Has anyone in your family (grandparents, parents, siblings, children, living or deceased) been diagnosed with:

| <u>DISEASE / CONDITION</u> | <u>WHO</u> | <u>DISEASE / CONDITION</u> | <u>WHO</u> |
|-----------------------------|------------|----------------------------|------------|
| Retinal Detachment: Yes/No | _____ | Blindness: Yes/No | _____ |
| High Blood Pressure: Yes/No | _____ | Cataracts: Yes/No | _____ |
| Diabetes: Yes/No | _____ | Glaucoma: Yes/No | _____ |
| Cancer: Yes/No | _____ | Crossed Eyes: Yes/No | _____ |
| Heart Disease: Yes/No | _____ | Macular Degen: Yes/No | _____ |
| Thyroid Disease: Yes/No | _____ | Lupus: Yes/No | _____ |

Reviewed by:

Dr _____ Date _____